

# The Rambler

April 2015



## Busy as Bees!

It's officially spring, so no excuse for sitting indoors... unless you are reading this at your desktop, then we will let you off for a few minutes!!

As bees appear on the hive entrance in sunny daylight hours doing their spring cleaning and exercising, so we (your committee) have been busy this month. We are delighted that so many of you are interested in taking part in this years Nijmegen. We have held our first committee meeting with Cindy and John our co-opted members to the committee. We are working hard to provide the standard of service you expect from us remains high as we advance towards RAF Cosford 2 day walk. There are always your interesting questions to be answered, your requests for information and other things.

### We're almost there!

Registrations of our members are complete and I am happy to say none of our members are in the draw. At this point I would like to say a big thank you to all the members who sent their application forms with the deposit in early January. Receiving them so early does make life a lot easier and any problems that may arise are dealt with quickly. If you have submitted your application to us for this year's Nijmegen with deposit, you can rest assured you are registered ([See below under registrations](#)).

The coaches are booked and so is the sportshall and caterers.

Next year is the 100th Nijmegen and every

British Dutch Walking

Fellowship

Volume 100

Friday 3rd April 2015

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walker would like to be there and registering early will be so important. This is a plea to members to **get your forms and deposit in by end of January** so that we are ready when registration starts. But not only for registration, but so that we know who is coming, how many beds we will require and to organise transport. I am getting ahead of myself. Let us deal with the now and look forward.

Happy walking

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## Committee Post Nominations

Every 3 years individual BDWF committee posts come up for election. In order to ensure that all committee experience/expertise cannot be totally lost at a single election, the posts are divided across 3 groups which are annually out of step with one another. In 2015, it will be the posts of:

**Group Chairperson; Marketing, Media and Membership (MMM) & Walker Liaison** (For reference C&Rs Issue 9, Appendix 2A item 1).

The current post holders are Vacancy (Group Chair), Katie Elliman (MMM) and Roy Hayward (WL).

Roy and Katie will be standing down having served on the committee for many years. The committee has co-opted John Pryce and Cindy Snijders to shadow Roy and Katie respectively and they are eligible to apply for the posts.

Nominations for all three posts will be sought from February until 31st May, 2015.

If only one individual is nominated for a particular post, that person will automatically be elected, without a vote being necessary, on Founders Day (the last Saturday of Nijmegen week). If more than one nomination is received for any of the posts up for election, the election will take place in Nijmegen (closing date Thursday 23 July, 2015) and all qualified members whether in Nijmegen or not are eligible to vote. Election results as appropriate will be declared on Founders Day.

Nomination forms are available on our web site or via the editor — details on the

back page of this Rambler. The return address is on the nomination form itself.

Once the deadline for nominations has passed, all details will be cascaded to our members in the June Rambler (distribution date 5th June, 2015) when we will know if a vote is needed. If needed, eligible members not in Nijmegen will be able to request a voting slip — full details will be included in the June Rambler.

**If you would like to know more about the roles Please contact the Group Secretary Herman for the roles and responsibilities of these posts**

## **BDWF Clothing - Gentle Reminder**

As always it's worth reminding everyone that completed order forms for BDWF clothing i.e. T-shirts, Polo shirts, Cool-T (wicking) shirts and Hoodies, need to be with the nominated committee recipient (Group Treasurer, John Nicholson) by 31<sup>st</sup> May inclusive, at the very latest.

I'll be taking our order to the printers on the 1st June with delivery completion to us within typically 2 weeks if not earlier. Timing is critical especially if there are any requests for postal distribution (you incur the postal costs) of completed orders before we leave for the walk.

Clothing forms were sent out by our Group Secretary, Herman Boston, with the Membership and Nijmegen Application forms in December, 2014.

So, if you want to order any of these items, then completed forms need to be sent to:

1. **By E-mail** – to [treasurerbdwf@gmail.com](mailto:treasurerbdwf@gmail.com) identifying colour, size and quantity with electronic bank transfer payment to **HSBC**, sort code **40-43-35**, account name: **British-Dutch Walking Fellowship**, account number: **01530682**.

**\*\* Please don't forget to identify who the payment is from – surname & postcode \*\***

2. **By Post** – to John Nicholson 18 Poplar Close, Wimborne, Dorset BH21 1TL identifying colour, size and quantity with a cheque made out to 'BDWF' for the appropriate amount.

**\*\* In the case of postal orders make sure that there is sufficient time to allow for delivery of your order form with regard to the timescales**

**identified above.**

In the event of having mislaid your copy of the order form, just needing an initial copy, or timing issues with placing any order, the Clothing Order form is available on our web site (click on 'Membership' and scroll down to 'Clothing Order 2015') or please contact Herman [secretarybdwf@gmail.com](mailto:secretarybdwf@gmail.com) who will be pleased to assist you.

A 'Final Reminder' will also be included in the May edition of our Rambler.

Roy Hayward

Walker Liaison

e-mail: [walkerliaisonbdwf@gmail.com](mailto:walkerliaisonbdwf@gmail.com)

## Charity Fundraising

At our most recent committee meeting a question was raised as to how we quantify the level of charity fundraising that the BT Group/BDWF in all its guises has raised since its set up in 1988.

In those early days our founder Trevor Day mandated that all Nijmegen walkers each raised £250 minimum for charity – initially Leukaemia Research. This achieved great success raising some £40,000 per year. With BT sponsorship in most cases paying for the full cost of travel and attendance whilst in Nijmegen this was comparatively easy to do. However, as sponsorship was slowly reduced and ultimately stopped members had to pay the full cost with charity fundraising receiving less of a focus and definitely far less monitoring of achievement – members sending any money they raised direct to their own local charities.

In our documentation which is also used to promote the BDWF we indicate that the BT Group/BDWF has to date raised some £300,000 for various charities since 1988 and we can readily account for some £260,000 of this up to the end of 2002. However, since then, despite repeated requests for feedback from members on their charity fundraising achievements we have received very little information.

Recognising both the increased personal cost of attendance these days and that getting sponsorship is no longer a mandated requirement for participating at Nijmegen, the BDWF still has a fundraising focus and we are very aware that many members use their participation to support local or national charities and have done so for many years.

Historically we only have evidential feedback for some 5 donations since 2001 and nothing since 2006.

So here's your chance to help us get our records up to date and to give visibility to both your nominated charities supported and your own achievements. Please let us know, with letters of thanks or receipts, of those charities which you have raised funds for – previous verbal feedback suggests there are a great number.

We in turn will give visibility to those achievements and charities supported in our Rambler.

Thanks in advance for any feedback that you can give.

Roy Hayward

Walker Liaison.

## **Information about the 100th Four Days Marches**

There are huge interests in participating in the 100th Nijmegen Marches. Many more people will want to take part than there will be places available. In recent years there has been much speculation about the regulations and walkers have even started to react to rumours. In an effort to avoid misunderstanding and further speculation, the KNBLO board has already made several decisions concerning the registration procedure for the 100th Four Day Marches. The decisions are as follows:

- Participants who from 2010 to 2015 inclusive have successfully completed the four day marches on at least four occasions
- Participants born in 1999 and 2000 must have successfully completed the four days marches on at least three occasions from 2010 to 2015 inclusive
- Civilian groups who in the specified period have participated as a group in the four days marches on at least four occasions
- Participants who reach the age of 12, 13, 14 or 15 in 2016
- First time entrants who in 2016 register through the Via Vierdaagse training support programme.

# Discounts available to you!

Cotswold outdoors: 25% off using code - B2044 **Cancelled**

Hi-Tec: 40% off using code - FNF40

LDWA and YHA members get 15% off at Cotswold Camping

I would like to build up a library of discounts available to members and publish these in every edition of The Rambler. Please let me know if you get or are aware of any locally or nationally.

# Keswick Mountain Festival

Hi-Tec is excited to announce that we will be sponsoring this year's Keswick Mountain Festival. The festival will take place in the heart of the Lake District and is made up of walks, events, live music and guided activities. There is also a fantastic line-up of challenging sporting events including Triathlons, Trail Races, Open water swims and a Sportive, which are on sale now at [www.keswickmountainfestival.co.uk](http://www.keswickmountainfestival.co.uk)

# Registrations

Registration for this year's Nijmegen closes today! As of the 31st of March **51,347** had registered.

BDWF Membership Number	Name	Distance	Registration Number	Walking Number	Next Award
43	Harry Bult	30K	181711		15
47	George Buxton	30K	177583	30-D-067	16
53	Stephen Cherry	30K	376375	30-B-206	24
85	Michael Dean	30K	24228	30-P-083	8
138	Roy Hayward	30K	29076	30-B-214	24
201	Bob Mason	30K	148635	30-N-042	16
225	John Nicholson	30K	138791	30-C-791	20

327	Jim Usher	30K	19340	30-B-153	25
401	Talbot Williams	30K	16853	30-B-158	25
553	Mike Toulouse	30K	330290	30-D-133	15
628	Dave Brooks	30k	329037	30-C-110	19
668	Frankie Murphy	30K	446430	30-J-097	6
764	Ann Worboys	30K	329968	30-B-292	23
812	Brenda Layne	30K	326594	30-M-038	20
941	Colin Jarvis	30K	183432	30-F-368	13
1015	Arthur Read	30K	361663	30-H-143	8

<b>BDWF Membership Number</b>	<b>Name</b>	<b>Distance</b>	<b>Registration Number</b>	<b>Walking Number</b>	<b>Next Award</b>
157	Nigel Jones	40K	150838	40-A-308	27
229	Sjoerd Oosting	40K	164575		13
258	Ken Redman	40K	148647	40-C-068	20
260	Ron Richardson	40K	158673	40-C-247	18
263	Chris Rolls	40K	347551	40-D-216	15
284	Phillip Simkin	40K	42737	40-V-355	13
406	Tim Wyer	40K	148671	50-A-260	21
422	Paul Wade	40K	394693	40-V-055	9
423	Joy Wade	40K	394694	40-V-036	9
452	Sheryl Lea	40K	496108	40-C-610	3
475	Wiebe Van der Hoogt	40K	477723		6
551	Mo Leach	40K	451603	40-C-414	4
577	Elaine Whittaker	40K	404808	40-Y-208	6
604	Caroline Simkin	40K	419254	40-Y-108	6
669	Wouter Van Essen	40K	417356		8
723	Piet Nelis	40K	45634		21
724	Lucie Nelis-Dorlandt	40K	52465		7
810	Avril Money	40K			6
825	Jeff Smith	40K			6
867	Zoe Chapman	40K	496457	40-S-438	5
901	J Vergeer	40K	331250		15
929	Fern Davis	40K	513587	40-R-897	3
960	Judith Edwards	40K	507575	40-A-459	5
980	Marian Harper	40K	157118	40-K-314	8
983	Christopher Staunton	40K	156678	40-G-705	4

985	Lisa Staunton	40K	542089	40-D-784	3
992	Rachel Lovelock	40K	370177	40-T-513	5
993	Katherine Woodward-Haynes	40K	542219	40-Q-455	2
1025	Angela Cracknell	40K	556735	40-Q-787	2
1039	John Pryce	40K	558895	40-A-385	2
1046	Mary Hoogenes	40K	497645		3
1048	Jonathon Stone	40K	561796	40-B-890	2

<b>BDWF Membership Number</b>	<b>Name</b>	<b>Distance</b>	<b>Registration Number</b>	<b>Walking Number</b>	<b>Next Award</b>
41	Amanda Bryer	50K	369556	50-C-098	12
52	Martyn Charity	50K	198927	50-J-100	10
155	Howard Johnson	50K	195628	50-B-156	16
198	David Mason	50K	195608	50-B-149	16
304	Hennie Stoel	50K	209846		15
336	Andre van der Last	50K	342334		5
337	John van der Last	50K			15
410	Paul Grant	50K	393344	50-E-701	4
634	Jacob Pollard	50K	471513	50-E-172	7
640	Oliver Thorne	50K	465886	50-E-834	5
653	Dominic Bray	50K	434986	50-J-236	8
709	David Ruddie	50K	465894	50-F-018	7
735	Sanders Stoel	50K	445113		6
788	Alexander Crowley	50K	487052	50-K-094	6
860	Finn Baker-James	50K	496173	50-F-543	5
875	Jack Pike	50K	509422	50-F-741	4
931	Patrick Bracegirdle	50k	522077	50-F-719	4
936	Daniel Nash	50K	453993	50-D-333	8
965	Sue Clements	50K	501121	50-A-856	5
996	Stefan Louette	50K	542471	50-B-744	3
1001	Max Bracegirdle	50K	542253	50-F-781	3
1027	Ann Lyon	50K	529106	50-A-779	4
1028	Martin Reddy	50K	559791	50-B-460	2



1036	Myles Foster	50K	558893	50-F-881	2
1072	Louis Webb	50K	546908	50-D-858	3
1083	Calum Vaughn	50K	411206	50-E-561	3

## BDWF TEAMS

	<b>BDWF 40K Mick Abbotts team</b>				
1	Mick Abbott	40K	376374	Team leader	17
841	Christopher Johnson	40K	503838		3
848	Pamela Baird	40K	567503		1
898	Jim Catchpole	40K	567505		1
914	Jean Bobker	40K	361650		13
923	Jill Green	40K	18613		5
927	Shelagh Hopkinson	40K	567507		1
995	Rajendra Joshi	40K	567508		1
1013	Andrew Mohun-Smith	40K	567726		1
1016	Ivan Grindrod	40K	550008		3
1024	Peter Bruniges	40K	549727		2
1053	David Newbould	40K	567511		1
1054	Julie Spencer	40K	567512		1
1055	Brenda Walker	40K	567514		1
1056	Stephen Walker	40K	567517		1

	<b>BDWF 40K ATC team</b>				
67	Richard Courtney	40K	195625	Team leader	16
683	Laura Chapman	40K	446491		6
1060	John Holden	40K	574649		1
1062	Ewan Wykeham-Martin	40K	574657		1
1063	Natalie Moore	40K	574652		1
1065	Alex Turner	40K	574655		1
1084	Oliver Gore	40K	574647		1
1085	Aja-Marie Gore	40K	574645		1
1088	Lola Eveling	40K	574644		1
1089	Samuel Tomlin	40K	574654		1
1094	Jack Watson	40K	574656		1
1095	Jessica Beaven	40K	574643		1
1097	Rebecca Green	40K	574648		1
1101	Matthew Loveday	40K	574650		1

1102	Martha McCarron	40K	574651		1
1104	Max Powell	40K	574653		1

<b>BDWF 40K Student team</b>					
865	James Warren	40K	503832	Team leader	4
576	Nettie Costin	40K	567988		1
606	Melanie Donohoe	40K	567989		1
814	Freya Thompson	40K	487068		3
836	Michael Holliday	40K	567990		1
851	Christopher Pratt	40K	444034		8
1058	Natasha Green	40K	567991		1
1059	Ben Tubb	40K	567987		1
1067	John Pratt	40K	567986		1
1070	Nicholas Webb	40K	575053		1
1081	Harry Den Boer	40K	571527		1
1082	Marga De Vries	40K	571530		1

<b>BDWF 40K Adult team</b>					
117	Lenny Goldsmith	40K	376376	Team leader	34
118	Nigel Goodman	40K	148621		18
148	Jeff Hurley	40K	376377		19
264	Adrie Rotgans	40K	376380		9
398	Paul Williams	40K	151359		24
405	John Wriglesworth	40K	26373		19
708	John Bye	40K	471529		6
758	Colin Pryde	40K	412610		10
987	Lambert Hulleman	40K	531002		3
988	Albert Hollander	40K	531000		3
1031	Jack Daly	40K	474710		3
1057	Sheila Fitzgerald	40K			1

### **Members not staying at De Dennen Sportshall**

<b>BDWF Membership Number</b>	<b>Name</b>	<b>Distance</b>	<b>Registration Number</b>	<b>Walking Number</b>	<b>Next Award</b>
674	Phillip Burnett	30K	18720		6
706	Gillian Mogg	30K	148637		19
707	Stephen Mogg	30K	148638		18
749	Cliff Evans	30K	19549		29

755	Christopher Bolton	30k	467765	30-D-441	14
1019	John Walker	30K	549720	30-D-633	2
1022	Karen Jefferies	30K	549724	30-D-763	2
1068	Victor Nicol	30K			2

BDWF Membership Number	Name	Distance	Registration Number	Walking Number	Next Award
771	Stuart Hammersley	40K	487058	40-R-226	6
772	Colleen Hammersley	40K	451602	40-M-299	8
842	Janice Wainwright	40K	470392	40-Q-228	6
906	Stephen Dalton Snr	40K	505768	40-A-837	5
916	Christine Dalton	40K	516418	40-G-824	4
917	Colin Oyston	40K	530998	40-C-376	3

BDWF Membership Number	Name	Distance	Registration Number	Walking Number	Next Award
877	Stephen Dalton Jnr	50K	493730	50-F-054	6
1069	Kyle Daly	50K	416690		2

## Forthcoming events

### April 2015

#### RAF 2-DAY MARCH 10/20/40km

[RAF WARMA](#) (BWF 2)

Entry Fee: £2.00 per day Must register in advance 06:00 to 09:00 - RAF Cosford WV7 3EX (Map:127 GR:SJ 908052) Event Secretary, RAF WARMA, 4 Buckingham Drive, Macclesfield, Cheshire, SK11 7GN T: 01625 610707 E:

[events@rafwarma.co.uk](mailto:events@rafwarma.co.uk)

### May 2015

#### RAF LYNEHAM 2 DAY WALK

07:00 to 15:00 Lyneham village hall car park. Overflow car park across the road.

Details from Herman Boston E: [secretarybdwf@gmail.com](mailto:secretarybdwf@gmail.com)

### **CADET MARCH/SPITFIRE WALK 12/27/40km**

Cadet March Association (BWF 12) Entry Fee: £2.00

07:30 to 12:00 - Dibgate Army Camp (via St Martins Plain Army Camp), Kent CT20

3JG (Map: 179 GR: 178363) Adrian Mundy, 27 Yorke Rd., Croxley Green, Herts.

WD3 3DW

T: 07831 651320 E: [amundy48@hotmail.com](mailto:amundy48@hotmail.com)

### **June 2015**

#### **LANGPORT TWO-DAY WALKING FESTIVAL 5/10/20/42km**

[Somerset Levels and Moors Strollers](#) (BWF 103)

Entry Fee: £1.00 - £21.00 depending on distance, days & age 07:30 to 14:00 The

Angel, Bow Street, Langport TA10 9PQ (Map:129 GR:418267) Hans Rennie,

Golden Ramblers' Dray Road, Odcombe, Somerset BA22 8UL T: 01935

864523 E: [slams1@btinternet.com](mailto:slams1@btinternet.com)

### **July 2015**

#### **CASTLEBAR INTERNATIONAL 4 DAYS' WALKS 10/20/30km**

[Castlebar International 4 Days' Walks](#) (BWF 201)

Welcome Inn Hotel, New Antrim Street, Castlebar, Co Mayo Elaine Devereux,

Walks Office, New Antrim Street, Castlebar, Co Mayo, Ireland T: +353 94

9024102

#### **NIJMEGEN 4 DAY MARCH**

99th 4 Day Marches 21-24 July 2015

### **August 2015**

#### **18th PATHFINDER WALK 14/23/32/42km **Cancelled****

[73 Sqn Walking Club](#) (BWF 93)

Entry Fee: £4.00

07:30 to 11:00 - The Field, Conington, Cambridge CB23 4LW

(Map:153/225 GR:TL 323664) Dick Jarvis, The Leas, Elsworth Road, Conington,

Cambridge,

Cambs. CB23 4LW T: 01954 267441 E:

[pathfinderwalk@73sqnwalkingclub.org.uk](mailto:pathfinderwalk@73sqnwalkingclub.org.uk)

### **September 2015**

#### **WELSH INTERNATIONAL FOUR DAYS' WALKS 15/25/40km**

[Llanwrtyd Wells Walking Club](#) (BWF 5)

Entry Fee: £8.00 per day £25.00 for four days

08:00 to 10:00 - Neuadd Arms Hotel LD5 4RB (Map:147 GR:879467)

Lindsay Ketteringham, Neuadd Arms Hotel, Llanwrtyd Wells, Powys LD5 4RB  
T: 01591 610666 E: [enquiries@llanwrtydwalking.co.uk](mailto:enquiries@llanwrtydwalking.co.uk)

## October 2015

### Marbella 4 Days walking 8,9,10 & 11

In October the weather in the south of Spain is still perfect, not too hot and not too cold, a great time for walking. We invite you, together with walkers from all over the world, to discover the unknown sides of Marbella during Marbella 4Days Walking.

The Terrazas del Puerto Deportivo, near the historic city centre, will be the starting point for the 20 and 30 km routes which will lead you through the city, the nature and along the beach. The last day, the 11th of October, you will walk the Via Gladiolo (gladiolus being the Roman symbol for victory) back to the Terrazas del Puerto Deportivo where you will be welcomed with loud cheers. You can participate on all four days but it is also possible to choose the days that suit you most. In short: a perfect opportunity for a holiday! - See more at: <http://www.marbella4dayswalking.com/index.php>

# Competition Time

**This Months Quiz...**

**This is a multiple answer question.**

**You have 30 seconds to provide the answers. Name the 8 countries that are inside the Arctic Circle?**

**Answer next month**

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**Answers for March quiz:  
Name the Films from the Quotes...**

Come with me if you want to live?	Terminator
My mamma says life is life a box of chocolates.....	Forest Gump
Frankly my dear I don't give a dam?	Gone with the

	Wind
I am not an animal, I am a human being?	Elephant Man
Fish are friends, not food?	Finding Nemo
I do wish to chat longer but I'm having an old friend for dinner?	Silence of the Lambs
I'll never let go I promise.	Titanic
I'm gonna make him an offer he can't refuse.	The Godfather
If my calculations are correct, when this baby hits 88mph you are going to see some serious.....	Back to the Future
Oh we have 12 vacancies 12 cabins 12 vacancies	Phyco

**Answer next month**

Don't forget... the 99th vierdaagse will take place on the 21st-24th July 2015.....

# 108 Days

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## Happy Birthday!

**Wishing all our members celebrating their Birthday in April Many  
Happy Returns!**

1 Christopher Staunton; Rombout Grondman; Natalie Williams; Lee Anderson 2. Eric Evers; Luke Sharratt 3. Andre Klinkenberg; MaCualey Byrnes; Roya Seyed-Raissi 4. John Prowse; Ivan Grindrod 5. Dave Holyday; Sylvia Boston; Mathew Willis; Oliver Gore; Aja-Marie Gore 6. Emily Brown 7. J Mounoury; Kimberly Walter; John Phillips; Megan Bryan 8. Richard Ballard; David Passmore; Florian Hupkes; Ben Marsh 9 Cees Van Den Bos; Hilda de Bruijn 10. Emma Gunn

11. Diane Walker; Chiel Vogels 12. Moniek Abbekerk; Sarah ann Cubitt 13. Lambert Hulleman; Liam Henry 14 Ian Ferguson; Nicola Evans; Poppy Marshall; Louis Webb 15. Anneke Vogels; Thomas Hartnell 16 Howard Johnson; David Richards; Andrew Jones 17. Laura Green; Georgina Crowley 18. Elaine Whittaker; Johan Tiggelaar; Rhianwen Slipper 19. Brian Campbell; Alan Slater; Lorraine Lavender; Julie Spencer 20 Bep van der Krabben; Jim Catchpole; Anneke Sissons; Anna Millard; Richard Browne; Lola Eveling 21. Craig Gould; Thomas Adams; Mitchell Scott; Jonathon Goddard; Johnsley Goddard 22 Kevin Mitchum; Anita Ludema 23. Bob Mason; Mees Van der Sluijs; Kate Pitt; James Sayer 24. Alexander Thomason; Janny A de Reus-de-Boer; Kirsty Lindsay; Luke Ferina 25. Fia Moller 26. Stephen Davies; Kyle Daly 27. Stan Fowler; Rijk Jacobs; Maxwell Cook 28. Stephen Doyle 30 Tina Angell; Cassandra Dunn; Corey Lupton-Weeks

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**You can contact us in many ways:**

**Email:** [info@bdwf.org.uk](mailto:info@bdwf.org.uk)

**Telephone:** 07763026369

**Snail Mail:** 26 Blake Court

Trowbridge

BA14 8WE

**Twitter :**BritishDutchWF

**Facebook:**

[www.facebook.com/groups/bdwnijmegen](http://www.facebook.com/groups/bdwnijmegen)

**Don't Forget - We are on the Web too!**

[www.bdwf.org.uk](http://www.bdwf.org.uk)

The most recent posts on the web include information for support crew registering to do Nijmegen with the BDWF and some Bargains found on line for walkers!

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The British Dutch Walking Fellowship (BDWF) was founded out of the BT Nijmegen group in 2003. The club has no political or sectarian interests, and is non – profit seeking. Membership is open to anyone 12 years and over.

As a member, we want to make sure that you get the best from your relationship with us and that means keeping you informed.

Any news items to be included in the next newsletter should be with Kate by Friday **24 April 2015**.

Contributions are always welcome. Remember, every member has a voice and this is the ideal medium to have your say.