

# The Rambler

May 2015



## What a Difference a Day Makes!

They say what a difference a day makes; it's not only a day but a week too. The last few weeks it has hot, and we were bathed in warm sunshine, dry with light winds. This week, gales, rain and wintry showers, the weather is just like life full of ups and downs.

The month of March is always hectic for us on the committee. There is so much to do ensuring members are registered at the distance they requested, RAF Cosford and the Marshalls walk to be arranged, the sportshall is still on track to receive us, caterers are informed of dietary requirements and the hall has ordered enough beds for us all.

This month I can enjoy the little sunshine we receive and concentrate on less arduous tasks as well as gardening and other household chores. I managed to do a little walking by donning my boots and taking a water bottle. The distance was 1 and a half miles, short by our members standards, but what a difference a few days make.

I hope you were able to get out and enjoy the wonderful weather we experienced, and seeing the countryside at its best this time of year. I wish you all well in your training.

British Dutch Walking Fellowship

Volume 101

Friday 1st May 2015

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# Committee Post Nominations

Every 3 years individual BDWF committee posts come up for election. In order to ensure that all committee experience/expertise cannot be totally lost at a single election, the posts are divided across 3 groups which are annually out of step with one another. In 2015, it will be the posts of:

**Group Chairperson; Marketing, Media and Membership (MMM) & Walker Liaison** (For reference C&Rs Issue 9, Appendix 2A item 1).

The current post holders are Vacancy (Group Chair), Katie Elliman (MMM) and Roy Hayward (WL).

Roy and Katie will be standing down having served on the committee for many years. The committee has co-opted John Pryce and Cindy Snijders to shadow Roy and Katie respectively and they are eligible to apply for the posts.

Nominations for all three posts will be sought from February until 31st May, 2015.

If only one individual is nominated for a particular post, that person will automatically be elected, without a vote being necessary, on Founders Day (the last Saturday of Nijmegen week). If more than one nomination is received for any of the posts up for election, the election will take place in Nijmegen (closing date Thursday 23 July, 2015) and all qualified members whether in Nijmegen or not are eligible to vote. Election results as appropriate will be declared on Founders Day.

Nomination forms are available on our web site or via the editor — details on the back page of this Rambler. The return address is on the nomination form itself.

Once the deadline for nominations has passed, all details will be cascaded to our members in the June Rambler (distribution date 5th June, 2015) when we will know if a vote is needed. If needed, eligible members not in Nijmegen will be able to request a voting slip — full details will be included in the June Rambler.

**If you would like to know more about the roles Please contact the Group Secretary Herman for the roles and responsibilities of these posts**

# Lottery

Registrations for Nijmegen places closed on Friday 3rd April at 53,844. This meant that all newcomers were entered in the draw for places. On Friday 10th April 2015 the draw took place and 3,395 were awarded a place in this year's Nijmegen Vierdaagse. 7,844 were unsuccessful in gaining a place.

It is noted that the number of first time entrants applying for the walk has dropped and it is believed to be as a result of the rule introduced in 2013 stating you must have completed at least 4 out of 5 Nijmegen between 2010 and 2015 if you want a starting place for next year's anniversary event.

## BDWF Clothing - Final Reminder

As always it's worth reminding everyone that completed order forms for BDWF clothing i.e. T-shirts, Polo shirts, Cool-T (wicking) shirts and Hoodies, need to be with the nominated committee recipient (Group Treasurer, John Nicholson) by 31<sup>st</sup> May inclusive, at the very latest.

I'll be taking our order to the printers on the 1st June with delivery completion to us within typically 2 weeks if not earlier. Timing is critical especially if there are any requests for postal distribution (you incur the postal costs) of completed orders before we leave for the walk.

Clothing forms were sent out by our Group Secretary, Herman Boston, with the Membership and Nijmegen Application forms in December, 2014.

So, if you want to order any of these items, then completed forms need to be sent to:

1. **By E-mail** – to [treasurerbdwf@gmail.com](mailto:treasurerbdwf@gmail.com) identifying colour, size and quantity with electronic bank transfer payment to **HSBC**, sort code **40-43-35**, account name: **British-Dutch Walking Fellowship**, account number: **01530682**. **\*\* Please don't forget to identify who the payment is from – surname & postcode \*\***
2. **By Post** – to John Nicholson 18 Poplar Close, Wimborne, Dorset BH21 1TL

identifying colour, size and quantity with a cheque made out to 'BDWF' for the appropriate amount.

**\*\* In the case of postal orders make sure that there is sufficient time to allow for delivery of your order form with regard to the timescales identified above.**

In the event of having mislaid your copy of the order form, just needing an initial copy, or timing issues with placing any order, the Clothing Order form is available on our web site (click on 'Membership' and scroll down to 'Clothing Order 2015') or please contact Herman [secretarybdwf@gmail.com](mailto:secretarybdwf@gmail.com) who will be pleased to assist you.

A 'Final Reminder' will also be included in the May edition of our Rambler.

Roy Hayward

Walker Liaison

e-mail: [walkerliaisonbdwf@gmail.com](mailto:walkerliaisonbdwf@gmail.com)

## Discounts available to you!

Cotswold outdoors: 25% off using code - B2044 ~~Cancelled~~  
Hi-Tec: 40% off using code - FNF40  
LDWA and YHA members get 15% off at Cotswold Camping

I would like to build up a library of discounts available to members and publish these in every edition of The Rambler. Please let me know if you get or are aware of any locally or nationally.

## BDWF Website

To All our Members,

In 2011 we launched our national website which set about to engage with you as members and inform you of news, events and training walks, among other things.

It has been sometime since that website was created and we think it needs a lick of paint.

We are looking for your help! Please submit suggestions to Herman via email, snail mail or via the telephone. Suggestions of all kind are welcomed.

## Forthcoming events

### May 2015

#### **RAF LYNEHAM 2 DAY WALK**

07:00 to 15:00 Lyneham village hall car park. Overflow car park across the road.  
Details from Herman Boston E: [secretarybdwf@gmail.com](mailto:secretarybdwf@gmail.com)

#### **CADET MARCH/SPITFIRE WALK 12/27/40km**

Cadet March Association (BWF 12) Entry Fee: £2.00  
07:30 to 12:00 - Dibgate Army Camp (via St Martins Plain Army Camp), Kent CT20  
3JG (Map: 179 GR: 178363) Adrian Mundy, 27 Yorke Rd., Croxley Green, Herts.  
WD3 3DW  
T: 07831 651320 E: [amundy48@hotmail.com](mailto:amundy48@hotmail.com)

### June 2015

#### **LANGPORT TWO-DAY WALKING FESTIVAL 5/10/20/42km**

#### [Somerset Levels and Moors Strollers](#) (BWF 103)

Entry Fee: £1.00 - £21.00 depending on distance, days & age 07:30 to 14:00 The  
Angel, Bow Street, Langport TA10 9PQ (Map:129 GR:418267) Hans Rennie,  
Golden Ramblers' Dray Road, Odcombe, Somerset BA22 8UL T: 01935  
864523 E: [slams1@btinternet.com](mailto:slams1@btinternet.com)

### July 2015

#### **CASTLEBAR INTERNATIONAL 4 DAYS' WALKS 10/20/30km**

#### [Castlebar International 4 Days' Walks](#) (BWF 201)

Welcome Inn Hotel, New Antrim Street, Castlebar, Co Mayo Elaine Devereux,  
Walks Office, New Antrim Street, Castlebar, Co Mayo, Ireland T: +353 94  
9024102

#### **NIJMEGEN 4 DAY MARCH**

99th 4 Day Marches 21-24 July 2015

### September 2015

#### **WELSH INTERNATIONAL FOUR DAYS' WALKS 15/25/40km**

#### [Llanwrtyd Wells Walking Club](#) (BWF 5)

Entry Fee: £8.00 per day £25.00 for four days

08:00 to 10:00 - Neuadd Arms Hotel LD5 4RB (Map:147 GR:879467)  
Lindsay Ketteringham, Neuadd Arms Hotel, Llanwrtyd Wells, Powys LD5 4RB  
T: 01591 610666 E: [enquiries@llanwrtydwalking.co.uk](mailto:enquiries@llanwrtydwalking.co.uk)

## October 2015

### **Marbella 4 Days walking 8,9,10 & 11**

In October the weather in the south of Spain is still perfect, not too hot and not too cold, a great time for walking. We invite you, together with walkers from all over the world, to discover the unknown sides of Marbella during Marbella 4Days Walking.

The Terrazas del Puerto Deportivo, near the historic city centre, will be the starting point for the 20 and 30 km routes which will lead you through the city, the nature and along the beach. The last day, the 11th of October, you will walk the Via Gladiolo (gladiolus being the Roman symbol for victory) back to the Terrazas del Puerto Deportivo where you will be welcomed with loud cheers. You can participate on all four days but it is also possible to choose the days that suit you most. In short: a perfect opportunity for a holiday! - See more at: <http://www.marbella4dayswalking.com/index.php>

# Your Letters

Congratulations to one of our own, Howard Johnson, who in his 76th year completed the London Marathon yesterday for the 15th time in the 30 years since he first entered in 1985 - truly amazing!

Having waited half an hour in the cold and wet before crossing the start line with 'Les Croupiers' his local road runners, his running energy held half way round before relaxing into Nijmegen training walk mode, to finish in his record longest time, 6 hours 11 minutes. Brilliant result Howard, now will you retire from marathons - gracefully?

# Competition Time

This Months Quiz... Sudoku

				8	7		4	
9					1			
		8			2	3		
2	4	3						
8								5
						1	3	2
		4	5			2		
			8					7
	5		6	7				

Fill the grid in such a way that every row and column and every 3 x 3 box contains the numbers 1- 9

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Answers for April quiz:

## April's quiz and answers

Name the 8 countries that are inside the Arctic Circle?

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USA, Canada, Norway, Sweden, Finland, Russia, Greenland and Iceland

Answer next month

Don't forget... the 99th vierdaagse will take place on the 21st-24th July 2015.....

## 80 Days

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# Happy Birthday!

**Wishing all our members celebrating their Birthday in May. Many  
Happy Returns!**

**1.** Rienk Cloo; Andy Lock; Chloe Williams; Ryan Evans **2.** Arie de Knijf; Nigel Young; Debra Griffiths; Edwin Vreeling; Jochem Huffmeijer **4.** Dave Sutton; Renger Rakhorst; David Hutchinson **5.** Stuart Hammersley; W Seders; Francien Kastanja; Joshua Battaglia **6.** John Turner; Christopher Pratt; James Pirrie **7.** John Foden; Ron Williams; Finn Baker-James **9.** Cliff Evans **10.** Mischa van der Bos **11.** Anton Aelberts; Rachel Lovelock; Dominic Bray; Luke Paynter **12.** Cashain David; Dafydd Jones; Charles Bryant; Chloe Weston; Jack Holland **13.** Stephen Cherry; Toon Vogels; Kenna Leigh; Aled Griffiths-Moses; Julia Gaffney **14.** Hennie Stoel; Lydia Verstraate; Peter Richmond; Thomas Rouse; Michael Newman **15.** Josey Thornton; Amanda Bryer; Frans Vogels; John Howell; Rachel Palmer **16.** Sandra Bird; Dave Saunders; Andrew Mohun-Smith; W van de Wijdeven; Ross Shannon **17.** Sandra Thompson **18.** Sue Clements; Matthew Keates; Vivienne Sherry **19.** Steve Waites; Tracey Sharland **20.** Tracey Birch; Nicholas Webb **21.** Doug Pearce; Thomas Wakelam; Jessica Cotton **22.** Brian Kiel; Jacqui Wakelam;

Siobhan Smith 23. Marylin Hurley; Daniel Lewis **24.** J Vergeer; Marianne van Essen Westerhoff; Christopher Oyston; Samantha Holland; Francesca Mabbott; Matthew Hayward **25.** Andrew Tilley **26.** Lucy Johns **28.** Samantha Bowstead; Andrew Smith **29.** Bep van der Krabben-Enner; Louis van der Krabben; P E Boomsma **30.** Roly Greer; John Warnier; David Sinclair; Vicky Couper 31. Dianne Schijvenaars; Ashleigh Roome; Samuel Tomlin

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**You can contact us in many ways:**

**Email:** [info@bdwf.org.uk](mailto:info@bdwf.org.uk)

**Telephone:** 07763026369

**Snail Mail:** 26 Blake Court

Trowbridge

BA14 8WE

**Twitter :**BritishDutchWF

**Facebook:**

[www.facebook.com/groups/bdwnijmegen](http://www.facebook.com/groups/bdwnijmegen)

**Don't Forget - We are on the Web too!**

[www.bdwf.org.uk](http://www.bdwf.org.uk)

The most recent posts on the web include information for support crew registering to do Nijmegen with the BDWF and some Bargains found on line for walkers!

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The British Dutch Walking Fellowship (BDWF) was founded out of the BT Nijmegen group in 2003. The club has no political or sectarian interests, and is non – profit seeking. Membership is open to anyone 12 years and over.

As a member, we want to make sure that you get the best from your relationship with us and that means keeping you informed.

Any news items to be included in the next newsletter should be with Kate by Friday **24 April 2015**.

Contributions are always welcome. Remember, every member has a voice and this is the ideal medium to have your say