

The Rambler



September 2014

New Season

Holidays are over and the committee are coming together to plan another Nijmegen!

We don't know where the holiday has gone, but have enjoyed a little break and will be meeting again this week to start preparing for next year. The first thing we shall be doing is looking at your feedback from the event and the changes we can implement from your feedback plus the information which we received from the AGM. Then we shall be booking beds, coaches and food ready for 2015!

Will you be joining us next year?

British Dutch Walking
Fellowship

Volume 93

Friday 5th September
2014

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KLM flights to Nijmegen in 2015

Having just booked my flight with KLM for next year's Vierdaagse it's worth noting that KLM are again changing their baggage rules for flights booked on or after 1st October, 2014.

All details are available via the KLM website www.klm.com but essentially if you are a 'Flying Blue' member ('Flying Blue Ivory' is the entry level) then until the end of September 2014 when you book your flight you are entitled to 1 piece of hold luggage free of charge. As of the 1st October 2014 this changes to only a 50% reduction in the standard cost of hold luggage.

However, it's free to become a 'Flying Blue' member and all you need to do is register beforehand via the 'Flying Blue' link on main KLM web site. Once your application is accepted you will receive your temporary membership card identifying your membership number. Quote this membership number when you next book a flight before the end of September and 1 item of check-in baggage (maximum 23Kg) is automatically your free baggage allowance. Once the first flight has been booked you will be sent a full membership card.

So, if you intend to fly KLM in the near future (especially for your Nijmegen 2015 participation) then there are savings to be made by becoming a 'Flying Blue' member at the earliest opportunity. This 'Flying Blue' membership also applies to KLM's partner airlines such as Air France etc.

There are other benefits to be had such as building up 'Skymiles' with this membership. Full details are again on the KLM website.

I trust the information above may save some of our members and their families and friends a few Euros.

Roy Hayward

Walker Liaison

Hi-Tec Sports Competition

Hi-Tec was the main sponsors of the 2014 Nijmegen Vierdaagse. As were one of the participating groups in Nijmegen, they have offered us a competition for our members to win prizes. The competition is only open to BDWF members and their families and friends. Is also open to Netherlands residents. Here is the link the competition page which we are hosting - <http://www.hi-tec.com/uk/British-Dutch-Walking-Fellowship-Competition-August2014.html> . The closing date for entries is the 5th October 2014 when the next issue of the Rambler is due out.

Hi-Tec discount offered

Unfortunately the Netherlands are unable to mirror the 40% off discount code that has been provided to UK and Ireland residents. The discount is for UK & Ireland residents only. This is clearly stated in the competition and discount terms & conditions. Hi-Tec are looking providing something for our Dutch colleagues.

Cotswold way Challenge

For many years those who make up the first aid team have primarily been volunteers with St John ambulance (SJA). SJA are running a walk this September and there is still time to enter.

Saturday 13th September 2014

Choose from a range of walks spanning from seven to 20 miles with which to explore the beautiful Cotswold countryside:

Leisure walk

Seven leisurely miles for adventurers young and old - though still a reasonable distance.

Walkers' walk

Aimed at the seasoned walker - a good day's walk and chance to take in some stunning scenery over the 15 mile course.

The challenge

For the most ambitious of all ages - 20 miles for those who wish to stretch themselves a little further £15 registration fee to take part, which will include a goodie bag including a mini first aid kit - and no minimum sponsorship amount! **Breakfast included in registration.**

For an entry form please contact south-west-fundraising@sjambulance.org.uk or 01380 738913

When registering five or more walkers, you will receive 50% off a group booking on a community first aid course teaching you vital lifesaving skills so that you can **be the difference.**

For more information please phone 01380 738913 or email south-west-fundraising@sjambulance.org.uk

@stjohnambulance

facebook.com/sja

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The Great Barrow challenge

The Great Barrow Challenge (GBC) is a series of sports challenge events held throughout the year in the heart of Suffolk. The events offer physical challenge for individuals and teams, from novices and families to serious competitive athletes.

Entrants can walk or run the [four day challenge](#). The full daily distance is 26.2+ miles per day for walkers and runners, however, there are also 6, 10 and 15 mile courses to help make the GBC accessible to all.

Glen the founder of the GBC was inspired by the Nimegen structure say they are really well routed and great fun. For those of you who have completed the walk before and for those of you who are up for a new challenge you will see there is a new website... www.thegbc.co.uk

Forthcoming events

Walks in 2014

There must be walks out there that no one is telling us and we cannot share with our members.

As soon as dates are available for more of the regular walks I shall let you know.

There is also an excellent website detailing walks available in the Netherlands -

<http://www.wandelkalender.nl/2013/meerdaagse.html>

If you know of other walks that our members would be interested in, please let us know - contact details are at the back of this newsletter.

If you are going on your own walk and would like company please let us know and we will put the word out for you.

For Rainy Days...

As much as some of you would like to be out and about every day we know it isn't always possible. So here are a few things which can help you pass the time when it is raining and you can't get out for a walk...

THREE THREES

Five nine-letter words have been randomly split up into three groups of three letters. Can you work out the five words?

TUN	SPA	AWE	GHE	SIA
PEP	UCK	WAR	DYS	AWK
TTI	DLY	STR	ATE	FOR

Don't forget... the 99th vierdaagse will take place on the 21st-25th July 2015.....

318 Days!

Happy Birthday!

Wishing all our members celebrating their Birthday in February

Many Happy Returns!

1 Stephen Dalton Snr; Marscha van Turnhout 2 Brian Young; Debra Goodman 3 Josh Williamson 4 Margreet ten Have; Mark Gordon; Bethany Whitehouse 5 Karen Pearce; Claire Newman; Elise Simmons; Oliver Pope 6 Wendy Smak 7 Martin Reddy; N Van Wooning; Ciara Sakar; Laura Chapman 8 Harry Bult; Jim Nelson Daniel Nash; Samuel Johnson 10 Ann Worboys; James Phillips; Rianne Moolhuijzen 11 Thomas Noyes; Carl Wood 12 J Heddes; David Price 13 Ben Weststrate; Jack McMullan 14 Shirley Delvin; Darren Gray; Dawn Whitby; Martyn Pryde 15 Gerrit van der Berkt; Jack Cartlidge; Damian Green 16 Christopher Rossiter; Katie Elliman; George Gibson 17 David Patey; Hollie Ricketts

18 Anthony Webber; John Moir; Helen Smith 19 Graham Antrobus;
Sonja van der Hoogt 20 A K M Bourma 21 Rebecca Garth; Kurt Murfin

22

23 Ken Redman; Jan van Oosten; Mike Toulouse; A van den Braak;
Stephan Van Der Last 24 Brian Harvey; Jeanne Carter; A.H. Goodwin;

Zoe Chapman

25 Sylvia Schweig; Marie Ward 26 Helen Elizabeth Stewart; Willy
Meer; Eddie Everett; Sarah-Jayne Wood; Ross Knox 27 Angela

Pawlysyn; J Heerbeek

28 Nigel Jones 29 A Bevers; Duncan Robertson; Patrick Bracegirdle

You can contact us in many ways:

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Snail Mail: 26 Blake Court

Trowbridge

BA14 8WE

Twitter :BritishDutchWF

Facebook:

www.facebook.com/groups/bdwnijmegen

Don't Forget - We are on the Web too!

www.bdwf.org.uk

The most recent posts on the web include information for support crew registering to do Nijmegen with the BDWF and some Bargains found on line for walkers!

The British Dutch Walking Fellowship (BDWF) was founded out of the BT Nijmegen group in 2003. The club has no political or sectarian interests, and is non – profit seeking. Membership is open to anyone 12 years and over.

As a member, we want to make sure that you get the best from your relationship with us and that means keeping you informed.

Any news items to be included in the next newsletter should be with Kate by Friday 26th September 2014.

Contributions are always welcome. Remember, every member has a voice and this is the ideal medium to have your say

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