



# The Rambler-July 2009

## Update van BDWF zaken voor Nijmegen 2009

### BDWF Nijmegen 2009 Handboek Issue 2

Tot ons genoegen kunnen we mededelen dat uitgave 2 op de website staat..

Zoals eerder vermeld in onze 'Précis of Minutes of Committee Meetings' en eerdere Ramblers, geven we een belangrijke wijziging aan: (Pag. 23 van de 27):

#### 3.4 Vrijdag

Sorry... als u dacht dat het ritme van de afgelopen dagen zou veranderen, nog niet.

Hoewel ~~een kleine verandering ten opzichte van vorig jaar~~ - we have been advised that the military have ramped up the first rest point and it is now to have full facilities including First Aid. Previously this first rest point wasn't a typical rest point with only cold drinks available and to make it worse it seems a long stroll to get there - as such many of our walkers have in the past chosen to miss this stop. The 40km walkers have about a 15km walk to the next rest place. So take advantage of the facilities.

#### Beds in the Sportshall:

As also highlighted in the 'Precis' of the last committee meeting, the order for the new firmer beds has indeed hit a problem and will not now be fulfilled. Fortunately, a fall-back position had been put in place and the previous supplier, Boels, has confirmed that all firmer 'red' beds will be supplied. Our apologies but we were looking forward to the new beds as well. At least we have the contacts to rectify the situation early for Nijmegen 2010!!

#### Car Parking:

All the BDWF members arriving by car are entitled to one car park ticket for the duration of the stay. There is only one restriction — and we have been asked for our cooperation in this matter, if the person in question does not intend to use his/her car during the week, we ask him or her to park in the overflow lot. The Car Park tickets, for those members who have advised Herman of their car details etc, will be available from the Control Room once it has been set up.

## British Dutch Walking Fellowship

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Nieuwsbrief dauum

vrijdag 3 juli 2009

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**Vanaf vrijdag  
middag 3 juli  
nog 17 dagen  
en 16 uur tot  
de start!**

# Update on BDWF Issues for Nijmegen 2009 (cont)

## Separation of Male/Female Sleeping Areas:

We have had it confirmed that the ‘walkway’ at the office end of the Sportshall will indeed be screened off this year. May we repeat yet again:

**For very obvious reasons men are strictly not allowed into the female accommodation and vice versa!**

## Additional Walkers Staying With Us:

We mentioned in the ‘Précis of Minutes’ feedback from our last committee meeting that a party of walkers from Germany had requested to stay with us this year and had been accepted. Unfortunately, these walkers who worked for ‘Toshiba’ have since cancelled their application.

## Food and Drink at the Sportshall:

We have been asked to remind everyone regarding the consumption of self-bought food and drink on the premises i.e. clubhouse, tent and terrace.

As well as our group having always clearly identified the restriction on the consumption of food and drink within the sleeping accommodation areas of the Sportshall, we are reminded that within the De Dennen management team a large number of volunteers are offering a good deal of their time in order to make some cash for their club and as such the same restrictions apply to the other areas identified above.

The De Dennen management also expect the same attitude from their campers.

On a similar theme and still speaking of volunteers, this year the De Dennen management team will “sadly miss the staff dealing with the hot meals for the campers”. This service has previously been set up in the bar area of the Sportshall. As such they have negotiated with the Caterers Kruissen, who provide our own BDWF meals, and they will now also provide the campers (if they are willing to pay for it) with a warm meal.

At the time of putting this article together we are not aware of any timings or locations for this service to campers.

## Our Menu For the Week:

Who said it would never happen? We have renegotiated part of our ‘Dinner’ menu with the Caterers ‘Kruissen’. Whilst essentially retaining the necessary nutritional value of the meals, the requested changes to the Wednesday ‘Meatball fest’ and the Friday ‘Indian Buffet’ have been agreed and implemented together with moving the other days around — See following page for our ‘Festival of Food’

# Update on BDWF Issues for Nijmegen 2009 (cont)

## MENU 2009

### Breakfast:

Coffee, tea and milk  
White and wholemeal bread  
Luncheon meat, cheese and butter  
Preserve, peanutbutter and hazlenut paste  
Boiled egg  
disposables

### Lunch:

3 breadrolls per person  
1 current/raisin bun  
Luncheon meat, cheese and butter  
Hazlenut paste, peanutbutter and preserve  
Fruit  
Disposables

### DINNER

#### Monday:

Mushroom soup  
Hugarian goulash  
Rice  
Garden peas  
Salad  
Dessert

#### Tuesday:

Mustard soup  
Pasta (fusili)  
Vegetable/meat sauce  
Salad  
Huz (?)  
Dessert

### Dinner (cont)

#### Wednesday:

Vegetable soup  
Stewed beef in gravy  
French beans  
Boiled potatoes  
Salad  
Dessert

#### Thursday:

Mushroom soup  
Boiled potatoes  
Parisian carrots  
Fillet of chicken  
Salad  
Dessert

#### Friday:

Chinese tomato soup  
Indonesian fried rice  
Satay  
Meatballs in soy sauce  
Indonesian stewed beef  
Indonesian pickles  
Sambal goreng (chilli chutney)  
Prawn crackers, fried onions

**Annual General Meeting 2009**

**20<sup>th</sup> July, Sportsparc De Dennen, Nijmegen**

**Agenda**

**1. Committee Posts**

**Results of 2009 Ballot**

Chairman – Roy Hayward – Re-elected Unopposed.

**Posts Up for Election at Nijmegen 2010.**

First Aid Co-ordinator – currently held by Gina Coltman.

Youth Secretary – currently held by Herman Boston

**Change to Committee Post**

The Committee Post of ‘Event Co-ordinator’ has been withdrawn and replaced by our ‘Webmaster’ – with Marcus Steward only recently being co-opted onto the committee in that role. This maintains a ‘5 Post’ Committee.

**2. Annual Reports: as appropriate from:**

Chairman  
Group Treasurer  
First Aid & Support  
Youth Secretary

**3. AOB / Questions:**

**4. Close: Nijmegen 2009 Starts Here.....**

## **Update on BDWF Issues for Nijmegen 2009 (cont)**

### **Friday March-In (Intocht):**

As identified on page 24 in our Nijmegen Handbook, “we encourage our walkers to meet up and march in formally as the BDWF Walking Group. This is at 14.30 hours - if you get in later you may want to make up your own groups. You are also requested to march in your BDWF T-shirts. We line up in ranks with the Union flags at the front and off we go to the centre of Nijmegen”. The start time can be moved to allow more of our walkers to take part but the focus is still 14.30hrs. We are looking for a volunteer to co-ordinate/take the lead for our formal Group March-In on this last day (Friday) of the walk. Please let one of the committee members know if you wish to volunteer. All arrangements will then be announced in Nijmegen on the Monday and repeated in the daily newsletters.

### **Lifts :**

As identified in our previous ‘précis of minutes of committee meetings’, we hope to accommodate wherever possible requests for lifts to and from airports, station etc. Information on this was included in the June Rambler and a list is being compiled. As a slight change to the information in that Rambler, requests and scheduling where possible must be directed to Gina (email: [gina.coltman@bt.com](mailto:gina.coltman@bt.com))

### **Polo Shirts:**

In order to make the most of quantity/price crossover points when ordering T and Polo Shirts, we have ordered a few extra orange Polo Shirts — sizes S, M and Large. The price per shirt is £6.00/€7.00 and will be available at the Sportshall Control Office in Nijmegen.

## **Official 4 Days Web Site: The Most Recent News**

### **23 June - Mexican swine flu and the Four Days Marches**

According to the authorities Stichting DE 4DAAGSE is in contact with, there is - at this moment - no reason to suppose that The Four Days Marches, to be held in the third week of July, are not going to take place because of New Influenza A. If these reports change we will inform you on the steps we are going to (have to) take via a press release and this website.

### **16 June - tickets Flag Parade**

Participants of the Four Days Marches have free admittance to the Flag Parade 2009. This year, tickets will be handed out at a central point. When you show your barcode card you will receive a ticket for the Flag Parade at the Info stand on the Wedren on Sunday, as long as supplies last.

Information taken from the official 4 Days web site: [www.4daagse.nl](http://www.4daagse.nl)

## Your Letters

There we were minding our business on the train from Rotterdam to Brussels on the way home from Linda Plomp's wedding ... and who should be checking the tickets on our train ... [he's now a train manager on the international routes] ... but Adrie Rotgans ...

So when we got to Brussels Coby took a quick pickie with her mobile ...

Here it is for all to see.

All being well ... Coby and I should be there on the Friday of Nijmegen week to cheer all the walkers in ...

Fitness etc permitting ... I should be there next year. My body really wasn't ready for it this year ... it won't repair itself properly ... therefore recovery after exertion is not good.

So Linda Plomp is no longer a Plomp she is now Linda Melkert-Plomp ... and we are still trying to persuade her to try another Nijmegen to add to her First completed medal ...

She was married to Andre Melkert on Thursday 23Apr09 at the town-hall in Dordrecht.



Trevor Day



## Your Letters (cont)

### Congratulations

To Petra Kolen and Niek Rouschop who married on Thursday 11th June 2009. You may remember Petra worked in the Nijmegen office as the Dutch translator whilst Niek completed the 50K.

I am reliably informed that their wedding pictures will be on display in the office in Nijmegen. On behalf of all the committee, heartiest congratulations to you both

### Chuffed

Just thought I would let you and the rest of the BDWF know that I am due to be a granddad again, not once but twice. Both my daughters are expecting in October and I have not stopped smiling . I know I am too young-looking to be a grandparent, I hear you cry, but I am. Hence the 40km instead of the 50km .

Regards  
Paul Williams

Editor's Note: Congratulations Paul but I think that there's something wrong with your mirror.

## **Forthcoming Events 2009:**

### **July**

21—24 Nijmegen Vierdaagse

### **August**

14 Dodentocht, Belgium

### **September**

20 - Circuit of Bath walk (see June Rambler for details)

### **November**

4 –9 51st Swiss Army night March (see June Rambler for details)



# Birthdays

## British

- 1 Sarah Turrell, Roy Walker
- 2 Gavin Lofts, Linda White, Paul Grant
- 3 Peter Shaw
- 4 Ceri Love, Verity Dams
- 6 Brian Gee
- 8 Robert Slight, Jackie Miles,  
Edward Stevenette
- 10 Ben Fowler, Tom Grice
- 13 Bill Burdett, Graham Oldham
- 14 Kim Mugford, Alex Thompson
- 15 Joanne Smith
- 16 Emma-Jayne Nelson
- 20 Ted Blair
- 21 Gill Hughes, Ted Pinch
- 22 Adam Brockman-more,  
Raymond Batkin
- 23 Lewis Ginevra, Caroline Ennals,  
Victoria Thomas
- 24 Matthew Jewers, Jill Pearson
- 25 Kristina Luft, Josh Veitch-Michaelis
- 26 Jonathon Errington, Matthew Sutton
- 28 Alfred Short, Deborah Towson
- 30 Josh Lewington

## Nederlanders

- 1 Sylvia Waterdrinker-Eskes
- 4 Judit Wassing
- 8 Lucie Nelis Dorlandt
- 13 Michiel Maarschalk, Jan Wigmans
- 14 J Noordman
- 15 Jaap van den Bos, Paul Mansveld
- 17 A Joosten-Bronkhurst
- 20 Marin Snijders
- 21 Sylvia Hamingh
- 22 P Swart, Ineke Verhagen,  
Lenie Verweij-Visser
- 23 Magda van Doorn-Schenk,  
Jacqueline Kronenberg
- 26 Nico Maarschalk
- 27 J Bakker
- 28 Hans Ludema
- 30 E Gelaudemans
- 31 M Hoof

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The British Dutch Walking Fellowship (BDWF) was founded out of the BT Nijmegen group in 2003. The club has no political or sectarian interests, and is non –profit seeking. Membership is open to anyone 12 years and over.

As a member, we want to make sure that you get the best from your relationship with us and that means keeping you informed.

Any news items to be included in the next newsletter should be with Herman by **Monday 20 July 2009**.

Contributions are always welcome. Remember, every member has a voice and this is the ideal medium to have your say

**Herman Boston**  
**BDWF Treasurer, Youth Secretary and CPO**